

Prescriptions in the U.S.

The process of receiving medicine in the U.S. can vary greatly from what you might be used to in your home country. Your experience visiting pharmacies can benefit greatly by following the tips below:

Myths of the Pharmacy System

Below are some prescription misconceptions you should be aware of in the U.S.:

Myth: I can bring prescriptions from my home country

Fact: You should only use prescriptions from a U.S. doctor

Myth: My doctor will send insurance info to pharmacy

Fact: You will provide your insurance ID with Rx info

Myth: I must get the exact medicine the doctor prescribes

Fact: Ask your doctor about suitable alternatives

Myth: I can get my refills all at once

Fact: You should expect a 30-day supply at a time

Can't Get Prescriptions? Try Over The Counter (OTC):

OTC medicine is available without a prescription and can be purchased at your local pharmacy to treat common conditions. Common examples of OTC meds include:

Tylenol

Pain relief

Claritin

Anti-allergy

Mucinex

Cold relief

Immodium

Anti-diarrhea

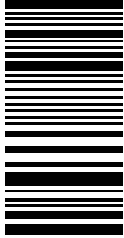
If your condition does not improve, you should visit a doctor for further advice.



Understanding a Prescription Label

Important information about your prescription is located on its label, which provides insight on how and when to use it. See more details in the below example:



- | | | | | |
|---|---|--|---|----------------|
| 1 | → | ISO Pharmacy 150 W 30th St, New York, NY 10001 | (212) 262-8922 | |
| 2 | → | Dr. J. Nathan | | |
| 3 | → | Rx No: 413548 | 4/10/2023 | |
| 4 | → | Joe Schmoe | | |
| 5 | → | Dose: TAKE TWICE A DAY ORALLY, DAILY. | | |
| 6 | → | Atorvastatin Mfg Merck |  | |
| 7 | → | Qty: 50 | | |
| 8 | → | REFILLS: 2 | | EXP 01/02/2024 |
| 9 | → | | | |

Key Features of the Label:

- | | |
|-------------------------------------|------------------------------------|
| 1. Filling pharmacy information | 6. Medicine and manufacturer |
| 2. Name of prescribing doctor | 7. Number of tablets total within |
| 3. Prescription number | 8. Amount of refills left |
| 4. Name of patient | 9. Expiration date of prescription |
| 5. Instructions for taking medicine | |