

FREE HEALTH INSURANCE FOR NY RESIDENTS

Offered by New York State for low-income state residents, the Essential Plan is funded by the state government and provides quality health care access at little to no cost.



What is Covered?

- ☆ Preventive Care
- ☆ Prescriptions
- ☆ Dental/Vision
- ☆ Emergency Visits

And more!

View more coverage benefits in our [Essential Plan](#) brochure.

You Are Eligible if You Are:

- A valid visa holder, migrant, asylee, permanent resident, or U.S. citizen
- Living in the state of New York
- Between the ages of 21-64
- Making less than \$39,125 annually

Why is the Plan Free?

The Essential Plan is a **\$0** plan providing comprehensive health care access to New York residents with low or limited income.

How to Enroll:

1. Visit isoa.org/essentialplan.
2. Complete your application; we will reach out if more info is needed
3. A confirmation email will be sent to you once you are enrolled

Get started here!



For questions, contact us at:

📞 (800) 244-1180

✉ CustomerCare@isoa.org

Our assistants can answer all questions about enrollment and waiver processes!